

# PROCLAMATION



## Office of the Mayor

**WHEREAS**, American Heart Association data shows more than 357,000 out-of-hospital cardiac arrests occur annually in the United States; and

**WHEREAS**, about 90 percent of people who suffer out-of-hospital cardiac arrests die, however, cardiopulmonary resuscitation (CPR) and automatic external defibrillator (AED) deployment, especially if performed immediately, can double, or triple, a cardiac arrest victim's chance of survival; and

**WHEREAS**, hands-only CPR has been shown to be as effective as conventional CPR for cardiac arrest at home, at work, or in public; and

**WHEREAS**, hands-only CPR has just two easy steps: Step 1 – Call 911 if you see a teen or adult collapse, and Step 2 – push hard and fast in the center of their chest to the beat of a song that has 100 to 120 beats per minute, such as “Stayin’ Alive” by the Bee Gees; and

**WHEREAS**, our citizens have access to critical life-saving technology in the free PulsePoint smartphone app and may receive hands-only CPR, AED, and PulsePoint education through local organizations and the Appleton Fire Department.

**NOW, THEREFORE, BE IT RESOLVED, THAT I, JACOB A. WOODFORD**, Mayor of the City of Appleton, do hereby proclaim June 1-7, 2023 as

## CPR & AED Awareness Week

in Appleton and call upon citizens to practice the two-step hands-only CPR method and be aware of the CPR and AED educational opportunities available in our community.

Signed and sealed this 25<sup>th</sup> day of May 2023.



**JACOB A. WOODFORD**  
MAYOR OF APPLETON