Weight of the Fox Valley (WOTFV) -Resolution

Whereas, The WOTFV serves the (Calumet, Outagamie, Winnebago) tri-county region with a vision of communities that together achieve and maintain a healthy weight at every age.

Whereas, Obesity is a medical term in which excess body fat has accumulated to the extent that it may have a negative effect on health, leading to reduced life expectancy and/or increased health problems.

Whereas, Over 60% of Fox Valley residents are overweight or obese.

Whereas, The rate of Wisconsin residents who are obese has more than doubled in the last 24 years to 30%.

Whereas, Obesity-related conditions include heart disease, stroke, diabetes, high blood pressure, sleep apnea, liver disease, lung disease, arthritis, gout, certain types of cancer and also can impact mental health.

Whereas, The economic cost of obesity in Wisconsin is estimated to be $3.1 billion per year and going up.

Whereas, Physical activity can improve health by lowering the risk for diseases associated with obesity. Physical activity can help with weight control, and improve academic achievement in students.

Whereas, Access to walking and biking trails has increasingly become a daily mode of transportation and has shown to increase physical activity.

Whereas, The East Central Wisconsin Regional Planning Commission Bicycle and Pedestrian Plan seeks to increase physical activity and enhance safe and convenient walk and bike routes to destinations via well interconnected multimodal transportation network.

Now therefore be it resolved that as community leaders we commit to battling this epidemic.

1. **Support** the efforts of Weight of the Fox Valley.

2. **Support** the policy and program recommendations found in the Appleton (Fox Cities) Transportation Management Area and Oshkosh Metropolitan Planning Organization Bicycle and Pedestrian Plan prepared with support from the East Central Wisconsin Regional Planning Commission.

Submitted by;

4/1/2015

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